

START YOUR RECOVERY FROM ADDICTION IN COMFORT

Innovo Detox offers detox and medical stabilization services for those suffering from addiction, substance use disorders, and co-occurring disorders using the latest evidence-based, individualized medical and therapeutic approaches at our state-of-the-art healthcare facility.

- ✓ Detox/Stabilization
- ✓ Short-Term Residential
- ✓ Case Management
- ✓ Referrals to the next clinically appropriate level of care

Our facility includes:

- Beautiful and private scenic setting
- Chef and kitchen staff that prepare daily menus
- Patient lounges and game rooms
- 55" flat screen
- TVs with cable in each patient room
- Fireplace
- Private patio
- High quality furniture and linens









717-619-3260 info@innovodetox.com www.innovodetox.com 7007 York Road | Abbottstown, PA 17301























PRIMARY MENTAL HEALTH TREATMENT AT INNOVO

Innovo now offers primary mental health stabilization and residential treatment through a variable length of stay, beginning at 14 days. Private insurance and self-pay options accepted.



We Treat:

- Anxiety Disorders
- Depression
- Obsessive-Compulsive **Disorders (OCD)**
- · ADHD
- · Trauma/PTSD
- Bi-Polar Disorders
- Personality Disorders
- Suicidal Ideation
- Schizophrenia
- Mood Disorders
- · Co-Occurring and Dual

Diagnosis Substance Use Disorders

Providing the following therapeutic modalities through trauma-informed and culturally appropriate care:

- Attachment-Based Therapy
- Cognitive Behavioral Therapy (CBT)
- Compassion-Focused Therapy
- Dialectical Behavioral Therapy (DBT)
- · Emotion-Focused Therapy
- Family Systems Therapy
- Grief Therapy
- Mindfulness
- Motivational Enhancement Therapy
- Motivational Interviewing
- Narrative Therapy
- Psychiatry
- Psychodynamic Therapy
- Strengths-Based Therapy
- Yoga









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